Tenth Annual Women’s Cardiovascular Health Symposium

April 28, 2017
Prentice Women’s Hospital
Chicago, Illinois

Sponsored by:
The Program for Women’s Cardiovascular Health
Bluhm Cardiovascular Institute of Northwestern Memorial Hospital
Northwestern University Feinberg School of Medicine
HEART DISEASE from coronary artery disease is the number one killer of both men and women in the United States. As a result of differences in symptoms and disease presentation between genders, heart disease is often missed in women. Almost half of US women fail to recognize cardiovascular disease (CVD) as their major health problem and thus miss the opportunity to partner with health care providers early to identify and manage risk factors over their lifespan. Women are also at risk for other forms of heart disease such as valvular disorders, heart failure and arrhythmias. The aging woman is also at risk for bone loss and sexual dysfunction.

It is critical for health care providers to identify and appropriately educate their female patients who are at risk for all forms of CVD. However, overall awareness, as well as rapid changes and advances in scientific discovery make the practice of evidence-based medicine challenging for all practitioners.

The Bluhm Cardiovascular Institute's Program for Women's Cardiovascular Health invites you to attend the 10th Annual Women's Cardiovascular Health Symposium. This year’s program will address a variety of cardiovascular topics commonly encountered in clinical practice. Key gender specific advances in a variety of areas of CVD, such as coronary artery disease, hypertension, lipid disorders, arrhythmias, hormonal changes and cardiac complications of cancer therapy will be covered. There will be ample time for participant interaction.

We extend a special invitation for cardiologists, primary care providers and OB/GYN physicians to attend this symposium since they can be the first to identify female patients at risk to personally and positively improve their overall health. Women are still less likely to be offered proven therapies for heart disease as compared to men. This troubling statistic is an urgent call to action to change, especially since the lifetime risk of CVD in women approaches

Learning Objectives
At the conclusion of this activity, participants will be able to:
1. Compare and contrast characteristics of presentations and outcomes of CVD in women with respect to hypertension, dyslipidemias, arrhythmias and chest pain
2. Outline current and emerging medical and lifestyle strategies for the treatment of hypertension and lipid disorders in women including the use of newer pharmaceutical agents
3. Outline the clinical pathway used to evaluate chest pain in women and identify where it differs from men
4. Develop an interdisciplinary plan of care between obstetricians and primary care for the pregnant patient with, or at risk for, cardiovascular complications
5. Describe best practices in the treatment of arrhythmias in women including stroke mitigation strategies
6. Discuss the cardiovascular effects of select cancer therapies including approaches to mitigate adverse effects
7. List the latest recommendations to address menopause, hormones and impact on the development of cardiovascular disease.

Audience
This CME program has been designed to meet the educational needs of Cardiologists, Internists, Obstetrician-Gynecologists, Hospital Medicine Physicians, Physician Assistants, Nurse Practitioners, Residents and Nurses and any other health care professionals who participate in the care of women across the life span.

Conference Location
The program will be held at the Prentice Women's Hospital, located in the Conference Room on the third floor at 250 East Superior Street, Chicago, Illinois. Please contact the hospital at 312-926-2000 for directions and parking information or visit: prentice.nmh.org.

Accreditation Statement
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Hour Statement
The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 4,25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credits
The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Faculty Disclosure
Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker’s presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

Special Needs
The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.
Friday, April 28, 2017

12:00 - 1:00pm Registration and Boxed Lunch

A Case Based Approach to Managing Cardiovascular Disease in Women

1:00 – 1:30pm The Women’s Cardiovascular Health Program of the Bluhm Cardiovascular Institute: The First 10 Years, Where have we been and where are we going?

Marla Mendelson, MD

1:30 – 2:00pm Challenging Cases in Hypertension Management in Women

Patricia Vassallo, MD

2:00 - 2:30pm How New Data Guides Lipid Management in Women

Neil Stone, MD

2:30 – 3:00pm Chest Pain in Women: Thinking Outside the Box

Ranya Sweis, MD

3:00 – 3:15pm Refreshment Break and Exhibits

3:15 – 3:45pm Pregnancy in Women with Cardiovascular Disease

Marla Mendelson, MD

3:45 – 4:15pm Arrhythmias: New Therapies and Approaches in Women

Susan Kim, MD

4:15 – 4:45pm Cardiac Complications After Cancer Therapy

Nausheen Akhter, MD

4:45 - 5:15pm Hot Flashes and the Heart

Lauren Streicher, MD

5:15 – 5:30pm Questions and Answers
Course Directors

Marla A. Mendelson, MD
Medical Director, Program for Women's Cardiovascular Health
Bluhm Cardiovascular Institute
Associate Professor of Medicine and Pediatrics, Northwestern University Feinberg School of Medicine
Director of Heart Disease and Pregnancy program and the Northwestern Adult Congenital Heart Center

Susan S. Kim, MD
Cardiac Electrophysiologist
Associate Medical Director, Program for Women's Cardiovascular Health
Director, Implantable Electronic Device Clinic and Cardiac Electrocardiography
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Medical Director, Northwestern Medicine Center for Sexual Medicine and Menopause
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Associate Professor in Clinical Obstetrics and Gynecology
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Ranya Sweis, MD, MS
Interventional Cardiologist, Clinical Practice Director
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Assistant Professor of Medicine
Northwestern University Feinberg School of Medicine

Patricia Vassallo, MD
Cardiologist
Bluhm Cardiovascular Institute
Assistant Professor in Medicine-Cardiology
Northwestern University Feinberg School of Medicine
Registration

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Physicians and Industry Professionals .............................................. $130
Residents, Fellows, Physician Assistants, Techs and Nurses ............... $100
You may register on-line at: cme.northwestern.edu/conferences

Please type or print

First Name: ______________________________________________________________________________________
Last Name: _______________________________________________________________________________________
Institution: _____________________________________________________________________________________
Address: _________________________________________________________________________________________
City:________________________________________________________  State:________  Zip code: _____________
Daytime Phone:_____________________________________  Fax: _________________________________________
E-mail: __________________________________________________________________________________________
(required — your confirmation and receipt will be emailed)
Specialty: ______________________________________________________________________________________

Please make your check payable to Northwestern University
and mail it with the registration form to:
Office of CME
Northwestern University’s Feinberg School of Medicine
240 East Huron, Suite 1-200
Chicago, IL 60611
Phone: 312-503-8533

Cancellations must be made in writing via email to the Office of CME:
cme@northwestern.edu.
The paid registration fee, minus a $30 administrative charge, will be refunded.
No refunds will be granted after April 3, 2017.
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