

JUNE 2008

ARTICLE #1: Associations of Diet and Lifestyle with Hyperlipidemia for the Middle-Aged and Elderly in the Guangxi Bai Ku Yao and Han Populations

1. How many ethnic groups are there in China?
 - a. 27
 - b. 36
 - c. 56
 - d. 70

2. Han is the largest ethnic group in China.
 - a. True
 - b. False

3. The ethnic group Bai Ku Yao gets its name from:
 - a. the white trousers worn by the men.
 - b. their intra-ethnic marriages.
 - c. their corn wine and rum intake.
 - d. the region where they live in China.

4. The diet of the Bai Ku Yao varies considerably throughout the year.
 - a. True
 - b. False

5. Which of the following were higher in the Bai Ku Yao than in the Han?
 - a. Educational level
 - b. Body mass index
 - c. Level of physical activity
 - d. Daily alcohol consumption

6. Both the Han and the Bai Ku Yao groups are peasants.
 - a. True
 - b. False

7. Which of the following was the staple food for the Bai Ku Yao?
 - a. Sweet potato
 - b. Rice
 - c. Buckwheat
 - d. Corn

8. Which of the following drinks has the higher alcohol content?
 - a. Corn wine
 - b. Rice wine

9. Which of the following was the staple food for the Han?
 - a. Potato
 - b. Rice
 - c. Corn
 - d. Taro products

10. The prevalence rates of hypercholesterolemia and hyperlipidemia for middle-aged and elderly subjects were significantly lower for which group?
 - a. Bai Ku Yao
 - b. Han

ARTICLE #2: Randomized Controlled Trial to Determine the Effectiveness of an Interactive Multimedia Food Safety Education Program for Special Supplemental Nutrition Program for Women, Infants, and Children Clients

1. Which of the following is the leading cause of foodborne pathogens in the United States?
 - a. Inadequate cooking or cross-contamination
 - b. Poor personal hygiene
 - c. Not keeping foods at safe temperatures
 - d. Consuming foods from unsafe sources

2. The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) delivers nutrition education and food supplementation to more than 8 million women, infants, and children each month.
 - a. True
 - b. False

3. Which of the following is a true statement about using interactive multimedia as a teaching tool?
 - a. Active participation is required in this educational process.
 - b. Text is the primary method for presenting information.
 - c. This technology requires trained staff to deliver the information.
 - d. Because of the technology, low literacy individuals may have trouble using it.

4. Hispanics were the largest demographic group served by this Miami-Dade County WIC clinic.
 - a. True
 - b. False

5. Which demographic variable was the only one associated with satisfaction in using the interactive multimedia program?
 - a. Age
 - b. Race/ethnicity
 - c. Education
 - d. Employment status

6. The largest increase in factor scores over time was for the “thermometer use” items.
 - a. True
 - b. False

7. When _____ of the subject was considered, there was a statistically significant greater increase in changes in food handling practices among those in the interactive multimedia group than among those in the pamphlet group.
 - a. race/ethnicity
 - b. education
 - c. age
 - d. employment status

8. Those who had graduated from high school or had less education were less likely to state that they preferred learning with the kiosk compared to reading pamphlets.
 - a. True
 - b. False

9. Which of the following is a limitation of this study?
 - a. Validation of self-reported practices
 - b. Non-completion of follow-up questionnaires
 - c. Length of follow-up times
 - d. All of the above

10. In this study, interactive multimedia was more effective in improving food safety behavior than pamphlets.
 - a. True
 - b. False

Activity Evaluation:

Were the activity's objectives met?

Do you feel the activity was fair, balanced and free of commercial bias?

What topic area(s) would you like to see covered in future educational activities? (if applicable)
